



Holistic Wellbeing Centre

Natural Facelift Massage & Organic Facial Treatments



...bring harmony into your life

In Harmony Therapies offers Natural Facelift Massage and Organic Facial treatments to help you look great and balance your mind and body – in a natural way.

Testimonial

'After Rachel and I had chatted about Natural Facelift Massage, I couldn't wait for my treatment and was genuinely intrigued about a treatment that offers so much. I wasn't disappointed! Rachel put me at complete ease and was extremely professional throughout. I couldn't believe that she was only using the pads of her hands at one point. The difference to my face was immediate, Rachel showed me the 'lifted' side of my face and I couldn't believe the change. My skin and face felt tighter and my husband said that I looked as if I had had my face 'ironed.' Believe me this is a compliment from him! I would thoroughly recommend the treatment and, in particular, Rachel Wayte. Her passion for this treatment is both evident and infectious! Thank you.'

Lauren, Make-up Artist, Denshaw



In Harmony Therapies and Neal's Yard Remedies

At In Harmony Therapies I use the very best organic, natural skincare products from Neal's Yard Remedies. It is my belief that we can take care of our health and beauty in a natural way and Neal's Yard Remedies compliments my working practice perfectly. They are an ethical company with over 30 years of success and are the market leader in organic health and beauty in the UK.



Their skincare products are free from chemicals, parabens, synthetic fragrances and GM ingredients and are approved as organic by the Soil Association. Fragranced with essential oils, they will lift your spirits and calm your mind

At in Harmony Therapies, your facial isn't just skin deep. It is a calming and sensory experience designed to give long-term benefits and a greater sense of well-being.



Let your inner radiance shine through:

Natural Facelift Massage

£35

Through a combination of gentle massage, lymphatic drainage and energy balancing, the facial muscles are given a new lease of life to help make you look younger. Wrinkle and expression lines are softened and puffiness is reduced to create a glowing, healthier look. Natural Facelift Massage can do much to extend the appearance of youth and beauty and help you take care of your looks in a natural way

For toned and lifted facial muscles, reduced expression lines and wrinkles.

Organic Facials

An organic facial is a sumptuous way to treat your skin while relaxing your body and mind.

Each treatment begins with a skin consultation to identify your individual needs. Choose from one of the following or if you're not sure ask for your own, bespoke treatment.

Age Defying Facial - Clinically Proven with Frankincense Intense™

£40

Keep looking your best with the natural power of plant stem cell technology. Frankincense Intense™ concentrate gives your skin an instant age-defying boost while the cream firms, tones and reduces the appearance of wrinkles.

For visible lines, dryness, reduced elasticity and a dull complexion.

Rehydrating Rose Facial with Turkish Damask Roses

£35

Replenish your skin's moisture levels and boost its radiance. This facial uses rose formula antioxidant facial mask to cleanse and revitalise, and rose facial oil to nourish and hydrate.

For normal, dehydrated or sensitive skin.

Nourishing Neroli Facial with Moroccan Orange Flower

£35

Neroli and anti-oxidant rich pomegranate oils are combined to intensively moisturise, soothe and protect your skin. This nourishing treatment has been designed to restore comfort, softness and luminosity to dry skin.

For dry and undernourished skin.

Luxury Facial

£55

Any Organic Facial may be combined with the Natural Facelift Massage in a luxury treatment lasting 1½ hours which combines the skincare of the facial and the rejuvenating lift of the massage. This is a perfect solution for tired or mature skin in need of some attention or as an indulgent gift.

Join

Love NYR Products? Love your new career

When you have an ethical company with over 30 years' experience and pure products you can believe in, making money is easy.

You too could start your business today from as little as £95. You'll receive a comprehensive starter kit worth over £200 containing everything you need to grow your business.



Share

Now you've discovered a healthier way to look and feel great, share it with friends, customers and colleagues. Speak to me about hosting your own organic event. Receive generous rewards, free and half-price shopping.

Shop

You can buy NYR organic products from me at In Harmony Therapies or order direct from my website and have them delivered straight to your door.

www.uk.nyrorganic.com/shop/rachelwayte

Workshops

Skincare workshops are held once a month at In Harmony Therapies. Discover tips on how to stay looking young, skin care routines, how to survive winter, how to prepare for summer and much more.

Please contact me to book your place.

£10



Bookings

Please call or text me on 07803 031321 to make your appointment. A £10 non-refundable deposit is requested upon booking.

Payment

Cash or card payments accepted.

Pay monthly by standing order and enjoy treatments for £32

Cancellation

24 hours notice is required if you wish to cancel or amend your booking otherwise full payment will be requested.

Need a massage?

I also offer NO HANDS® Massage a deep and relaxing treatment which can help combat pain, stress and anxiety. To book an appointment or to find out more, please give me a call.



Contact me on:

Rachel Wayte
T: 07803 031321
E: rachel@inharmonytherapies.co.uk
In Harmony Therapies, 99a High Street,
Lees OL4 4LY (above Dr Kershaw's)



[@inharmony_manch](https://twitter.com/inharmony_manch)



www.facebook.com/inharmonytherapies

These therapies should not be used in place of medical care. Always consult your GP or health professional for medical care or advice.



MEMBER